

# Davis Aquatic Masters



Box 921 Davis, California

March, 1981

## RE-ENROLLMENT

Re-enrollment for Spring Quarter will be from Monday, March 16, to Friday, March 27. Send forms and checks for dues by March 27. Address is on the form. Remember, EVERYONE must re-enroll!

Some changes have been made since the information with the forms was printed. So we have NEW INFORMATION. READ THIS CAREFULLY BEFORE YOU SIGN UP!

As far as we know now, the workouts for April and May will be:

6 AM and 7 AM at Emerson.

8 AM at Emerson, but 8:30 at Community on Mondays.

10 AM at Emerson. Seniors only.

11 AM, noon, 1 PM at Emerson.

5:30 and 6:30 PM at Emerson.

7 PM at Community.

In June, things will have to change to accommodate the other groups that swim in the summer. We don't know the exact date in June, but so far the changes for June are:

6 AM, 7 AM and 8 AM: Swim at Emerson MW&F, at Community T&Th.

10 AM (Seniors): Move to 5:30 PM at Emerson.

11 AM, noon, 1 PM: no change.

5:30 PM: Move to 7:30 PM at Emerson possibly.

(We will try to arrange an earlier hour, but cannot guarantee it.

If you sign up for this workout, be prepared to swim 7:30-8:30 PM in June.)

6:30 PM: no change. (Emerson)

7 PM: no change. (Community)

If you have any questions, call Jean Marrow at 756-3537.

## CALENDAR OF EVENTS

March 22	Sunday	Intra-squad meet & Stroke Improvement Session.
March 23	Monday	Entry deadline for Pacific Championships.
March 29	Sunday	Los Altos Short Course Meet.
April 4	Saturday	Pacific Championship--Davis. 1650 Free & 400 IM.
April 11, 12	Sat./Sun.	Pacific Championship--Davis. All other events.
April 17	Friday	Deadline for April Newsletter.
May 10	Sunday	Tamalpais Short Course Meet (Sprint Events).
May 23-26	Sat.-Tues.	National Short Course Championship, Irvine.

The Newsletter is published monthly, on the Monday following the meeting of the Board of Directors (usually the second Tuesday of the month). Announcements and other items must be submitted no later than 5:00pm the day after the meeting of the Board, or by special arrangement with Newsletter staff:

Kay Shaff (1:00 p.m.) 756-2547 Fran Zeman (6:30/7:00 pm) 753-2118



SPRING SWIM CLUB PARTY

Celeste Mulcahy has invited all DAM members, plus husbands/wives, children and friends to her place on Saturday, March 21, at 9 PM, at 426 Balboa lane.

Please bring snacks. Beverages of various strengths will be provided.

INTRA-SQUAD MEET

There will be an intra-squad meet the 22nd following a Stroke Improvement Clinic. Watch the board for further details and listen to announcements in workout.

PACIFIC ASSOCIATION MEET

PA meet entries are due the 23rd of March.

Are you one of those people who has never swum in a meet? Do you feel you are too slow? too nervous? too embarrassed? Don't worry about it. Pick an event, any event, one you feel least uncomfortable with, sign up for it, putting down a realistic time estimate (Your coach can help you there or just check your time in workout one day). Plan to spend that whole day at the meet timing or judging for half the day and relaxing and swimming your event and cheering on your friends the other half. You will meet a lot of nice people from other clubs as well as your own club. Make sure you have warm cloths in case it's chilly and enough protection from the sun!

Or sign up the maximum of 5 events on one day and work so hard you don't have time to be nervous.

There are ways around your possibly unpleasant expectations so you can discover the fun of it.

If you can't overcome your feelings of dread or unreadiness, come out to the meet to observe and help. It really is a lot of fun when you are involved.

So, sign up for the PA meet, send in the entry cards and your entry fees to Janet Kimble at our P.O. Box 921 and plan to help in some capacity at least part of one day. We need you and we want you.

PACIFIC MASTER'S SWIMMING REGISTRATION: WHO AND WHY?

Swimmers planning on entering PA sanctioned meets will need to be registered with the Pacific Masters Swim Committee. The list of sanctioned meets has been posted on the bulletin board and includes our Pacific Championships in April. In addition, the Travel Fund will be sponsoring members at other meets this year and will help defray entry costs.

The Registration fee is \$6.00 for the year which includes: 1) accident insurance for all sanctioned meets and organized practices; 2) a contribution to the DAM's liability insurance coverage; 3) support of the National and Pacific Masters Committees and their activities which benefit registered swimmers, and 4) costs associated with services provided by the Association. The accident benefits include \$1000 and \$500 for medical expenses for sanctioned events and organized practices, respectively. Last year our Club had 110 registered swimmers.

If you are registering for the first time, or re-registering, fill out the form, available at the pools, and on the form under SPORTS CODE, insert MS (Master Swimming) and put an X in the box for MASTER SPORTS. The Club Code is DAM. Send the form and check for \$6.00 to the address on the bottom of the form. Do it now!

THANKS!

Over the past few weeks, several members of our club have been out soliciting prizes, sponsorships, and ads for the upcoming Master's PA Meet in April. These people worked hard contacting about 400 local businesses. For their efforts, the club has received over \$1,100 for advertisements and sponsorships and also approximately \$750 worth of donated prizes for the raffle on April 11. Super Job!! It should be pointed out that everyone benefits



THANKS (cont.)

from fundraisers like this in that the money collected is used to help keep monthly dues as low as possible. We should all take the time to thank the following swimmers who so generously donated their time and efforts in contacting the businesses, making this a successful fundraiser.

Pat Foster	Alex Licktner	Jean Liebmann
Lindabeth Schmucker	Sue Milburn	Lisa Hausmann
Gail Kropp	Patti Baier	Jenny Schuppel
Mary Kropp	Dennis Smith	Mary Malone
Leslie Goldstein	Diane Glazier	Maryla Salt
Chuck Lieberman	Cindy Baier	Patricia Hershberger
Mike Madison	Henrietta Stern	
Patty Bricker	Mike McKinley	
Linda Galyen	Stephanie Altan	

Thanks for a job well done!

TRAVEL FUNDS NEWS

Well, folks, it's that time of year again--time to aid the club by playing SALESMAN! The object of the game is to sell at least 10 PA Meet raffle tickets (the proceeds of which benefit everyone). The rules of the game are rather simple.

1. Each player obtains 10 tickets from a dealer. (Kathy Gill is head dealer) Each ticket has the potential to bring the eventual buyer a fantastic prize--microwave, scuba lessons, camera, etc.
2. With tickets in hand, the player can now proceed to seek out prospective buyers (friends, relatives, neighbors, etc.).
3. If successful the player eventually ends up with 10 ticket stubs and \$10.00 which will be gladly accepted by the dealer. The game can end here or the player may try his or her luck once again by returning to step #1.
4. If the player is turned down by an unwilling buyer, it is only a temporary setback. Look for another buyer and try again. (If at first you don't succeed, . . .).
5. If the player fails to sell his/her tickets, he/she does not pass GO and does not collect \$10, but may possibly experience increased dues.

The Travel Fund sponsored its first event of the year--the Strawberry Canyon Meet on March 8. About 15 people took advantage of the opportunity to swim in a meet for free. U.C. Berkley's Harmon Pool provided the site for many good swims. The next event that the Travel Fund is sponsoring is the National Short Course Championship May 23-26.

SHORT COURSE NATIONALS

We have reserved a block of rooms at the Sixpence Inn in the city of Orange for DAM members going to the Short Course Nationals, May 23-26 (Memorial Day weekend). Daily price per room, tax included, is as follows:

1 person, 1 double bed: \$14.65  
 1 person, 1 queen-size bed: \$15.70  
 2 person, 1 queen-size bed: \$17.80  
 2 persons, 2 twin beds: \$14.75  
 2 persons, 2 double beds: \$19.90  
 2-4 persons, 2 queen-size beds: \$20.95

These rates were the best that could be found in a survey of several in the area.

If you are interested in staying in one of these rooms, contact Chuck Lieberman (758-5963).

We had a large contingent at the 1979 Short Course Nationals in Mission Viejo, and everyone had a great time (Beer Relay team is encouraged to get into shape). Remember that the Travel Fund will help offset the cost of going to Nationals.



PARKING

If you are bringing equipment to Community pool and need to drive up to the gate, get a permit from Sig Yoshimine's office in the Vet. Bldg. (weekdays--working hours). Otherwise you may get ticketed!!

T-SHIRT AND SUCH

Watch for new PA meet T-shirts which will be arriving shortly. Dot Scott also has for sale: long sleeve and short sleeve DAM T-shirts, shorts, tank tops and visors. All will be for sale at the PA meet on April 4, 11 and 12. Get yours early!

For information, watch the bulletin boards or call Dot Scott at 753-2828.

FIFTH ANNUAL HAWAIIAN POSTAL RELAY MEET

Once again the Humuhumunukunukuapua'a Relays will be held in April. Details and record times to be "broken" are posted on the Emerson bulletin board.

Why not organize a team and show them what the DAM's can do?

Tentatively it is planned to include an unofficial 4 x 200 relay at the end of the day on either April 11 or 12.

RECREATION SWIM

For new members, who may not have heard: Emerson pool is open Saturday and Sunday, 11 a.m. to 1 p.m. for DAM members to swim for fun. No coach. No workout. Just swim for fun.

For all members, who may have forgotten: The recreation swim hours are for members only. The pool is crowded, especially in warm weather, and we cannot accommodate non-members, who are friends, children etc. Please be fair to other dues-paying members.

SUPER SWIM

Twenty six swimmers swam in the one-hour or 3300 yard Super-Swim on Saturday, February 28. Many qualified to receive a T-shirt, so watch for their appearance on the deck.

Thanks to Coach Jane and a few others who braved the rainy weather and faithfully counted the "exciting" laps.

VACATION CO-OP LODGING

An enterprising and reliable swim coach in the state of Washington has established a new concept in vacation lodging called Inter Lodging Co-op. The idea is you would furnish sleeping quarters to their Co-op members for a time specified by you in order to use reciprocally fellow Co-op members quarters. For details, write Inter Lodging, PO Box 7044, Tacoma WA 98407.

NOTE-10% DISCOUNT

Fleet Feet is giving a 10% discount on shoes. They are also going to start carrying Hind-Well's suits, which will also be 10% off.

NEXT MEETING

The next board meeting will be at 7 PM at Laurie Wright's, Tuesday April 14th. Call Eric if you want to be on the agenda. Anyone can come and listen in.



PA CHAMPIONSHIP BULLETINWHY?WHY?WHY?WHY?

The DAM PA Championship meet in previous years has been the final meet in our winter/spring meet schedule. This year, due to the shorter meet preparation schedule, this meet offers a "stepping-stone" for the remainder of our spring season. The coaches are encouraging all levels (rookies to advance) to select one or two or six individual events to participate in. This meet is not just for the select veterans of the swim circuit. This meet will establish new goals and challenges for the remainder of the year. I'm hoping that all of you (350+ members) take this unique opportunity to enjoy the competitive DAM team spirit.

One final note, San Mateo Marlins Masters have dominated our PA meet for the past few years. For a change of pace, let's see if we can all get together and give 'em, a run-(swim)-for-their-money.

Dave

WHAT FOR?WHAT FOR?WHAT FOR?WHAT FOR?

The PA Championships are a traditional club event. It attracts more than 250 out-of-town swimmers so it requires a lot of help to run a successful meet.

Also, it generates approximately \$3,000 net income for the General Fund--every member of DAM benefits directly from this income.

Your fellow swimmers NEED and EXPECT your support and involvement, so give us a hand.

The DAM Board of Directors

HOW?HOW?HOW?HOW?

To Be a Swimmer: You need to:

- Complete an Entry Card for each event (see list on back of this sheet). Coaches will help you with entry times.
- Complete a Consolidated Entry Card.
- Place the entry cards, consolidated card, and \$1.00 for each event in an envelope and leave it in the big envelope at Emerson by Monday, March 23.
- Relays will be formed by Dave and at no cost to swimmers. Sign-ups on the Bulletin Board.

To Be A Helper: There are lots of jobs and we need your help.

- Volunteer Helper- As timers, judges, scorers, runners, concession stand assistants, equipment setup, etc., etc. You need to commit yourself, a friend, spouse, etc. for a block of time - 4 hours in the morning or afternoon on any of the three days of the meet. Sign-up on the Emerson bulletin board and indicate a preference, if you have one, or we'll assign you. Don't be a NO SHOW! Be on time.
- Goodie Contributor- We need baked goods or other goodies to sell and serve to the officials. Sign-up and bring them to Community Pool on any of the three days.
- Raffle Ticket Sellers & Buyers - We are running a raffle with great prizes. We need help to sell and buy tickets. So grab a batch of tickets and sell them. Funds received will go to the DAM Travel Fund. Contact Kathy Gill or Patti Baier.

QUESTIONS??

Talk to or call: Sue Milburn, Lisa Hausmann, Lis Toftner, Verne Scott

WE NEED AND EXPECT YOUR HELP



MEET SCHEDULE\*

Saturday, April 4

Saturday, April 11

Sunday, April 12

	<u>W</u>	<u>M</u>		<u>W</u>	<u>M</u>		<u>W</u>	<u>M</u>
400 IM	1	2	200 Breast	5	6	500 Free	25	26
1650 Free	3	4	100 IM	7	8	50 Breast	27	28
			50 Fly	9	10	200 Back	29	30
			200 Free	11	12	200 Mdly Relay	31	32
			50 Back	13	14	100 Fly	33	34
			200 Mxd Mdl Relay	15-16		100 Back	35	36
			100 Breast	17	18	50 Free	37	38
			100 Free	19	20	200 IM	39	40
			200 Fly	21	22	200 Mxd Free Relay	41-42	
			200 Free Relay	23	24			

NOTE: The 1650 will be swum continuously except for the six (6) fastest seeded men and women swimmers who will be started as a regular heat at 4:00 p.m. for women and 4:30 p.m. for men. All entrants must be checked in by 3:00 p.m. All entrants can confirm their seeded position for the 1650 and approximate swimming time by calling (916) 753-2828 any time on Friday, April 3, 1981.

\*LIMIT: Five (5) individual events per day and total of six (6) events for three meet days.

- Entries:----- Only the new computer Pink or Blue cards accepted and Consolidated Entry Information Form for each swimmer. Mail to: Davis Aquatic Masters, Attention: Janet Kimble, 916 B St., Davis, CA 95616.
- Place entries & money in the large envelope marked PA entries - by Mon., March 23,*
- Limits: Five (5) individual events per day and total of six (6) events for three meet days, not including relays.
- Relays are deck entered and seeded. Relay entry cards to include names and ages of all members and submitted prior to deadlines announced during meet.
- Fees:----- \$1.00 per individual event.  
\$2.00 per relay.
- Rules:----- Swimmers must have 1981 PA Registration Card and enter number on entry cards. 1981 Masters and US swimming rules will govern.
- Warm-Up/----- For Saturday, April 4, 1981: Check-in and warm-up begins at 7:30 a.m. Meet starts at 9:00 a.m. The 1650 will be swum continuously except for the six (6) fastest seeded men and women swimmers, who will be started as a regular heat. All entrants must be checked in by 3:00 p.m. Note additional details on page 2.
- Check-In:----- For April 11 & 12, 1981: Check-in and warm-up begins at 7:30 a.m. You must check-in for the first two (2) events by 8:30 a.m. on both days. Check-in for all other events as early as possible or no later than 1 1/2 hours before that event is swum. Meet begins at 9:00 a.m. both days.
- Age Groups:----- Individual events: 19-24, 25-29, ... 75-79, 80-84; 85+  
Relays: 19+, 25+, ... 65+, 75+. Anyone may swim down.
- Awards:----- Ribbons for 1st through 6th places for all events. High Point Team awards for 1st through 6th places based on all three days will be made immediately after meet during Sunday 'Recuperation Hour'.
- Program:----- Available at nominal cost listing events, name, club, entry time, and age, National and PA records, and other pertinent information.
- Social----- After the last event on all three days a pool-side 'Recuperation Hour' including wine, beer, soft drinks, crackers, cheese, etc. will be available for all swimmers and friends for a donation of \$1.50 per person.
- Events:-----
- Raffle:----- Saturday afternoon during the 'Recuperation Hour' - a big raffle with super prizes!