

DAM ONE HOUR SWIM
WOMEN 18-24

	Name	Yr	Age	Yds
1	Johanna Hardin	1998	24	5025
2	Amanda Larson	2012	23	4905
3	Kathleen Hoerber	1991	22	4880
4	Nancy Corstorphine	1984	22	4850
5	Lindsay Kiyama	2011	24	4830
6	Sarah Hernandez	2009	24	4825
7	Katherine Florio	1990	19	4800
8	Kristine Dickey	1992	20	4725
9	Grietje Reuter	1990	22	4720
10	Alexa Danner	2013	21	4700
11	Heather Kohler	1999	24	4625
12	Kathryn Jovino	2011	22	4625
13	Christine Schultz	1995	23	4600
14	Katherine O'Rourke	2009	24	4575
15	Susie Stodghill	1983	24	4550
16	Margaret Davis	1990	22	4540
17	Renu Rehal	2004	19	4540
18	Catherine Durst	1999	20	4500
19	Ariel Feeney	2013	22	4490
20	Katherine Florio	1991	20	4485

ALL-TIME TOP 20 SWIMMERS
WOMEN 25-29

	Name	Yr	Age	Yds
1	Wendy Cuckovich	1990	29	5415
2	Chrissy Chichester	1992	28	5100
3	Sarah Hernandez	2011	26	5010
4	Nancy Corstorphine	1990	28	4930
5	Alexandra Lee	2014	26	4930
6	Samantha Grant	2006	26	4895
7	Hannah Orbach-M	2023	26	4875
8	Christine Aloia	1990	26	4850
9	Sharon Blaha	1986	25	4825
10	Christine Avelar	2011	28	4815
11	Ann Peters	1993	29	4750
12	Jamie Doan	1999	27	4715
13	Leonie Wynhoven	2001	26	4665
14	Sarah Bimson	2009	29	4625
15	Carlene Tauzer	2011	27	4610
16	Christine Schaefer	2009	26	4600
17	Tammy Greasby	2009	26	4600
18	Kim Callaghan	2011	28	4580
19	Katie Swenson	2013	25	4550
20	Gabriel Craig	2011	28	4525

WOMEN 30-34

	Name	Yr	Age	Yds
1	Wendy Pratt	1991	30	5210
2	Kerry Halsted	1998	34	4980
3	Sarah Bimson	2013	31	4910
4	Emily Evans	2011	34	4765
5	Sharon Blaha	1992	31	4740
6	Nancy Wright	1996	34	4670
7	Missy LeStrange	1986	33	4590
8	Ann Motekaitis	1996	34	4545
9	Rachel White	2010	34	4540
10	Melissa Beatty	1992	34	4515
11	Lindsey Curley	2022	34	4510
12	Alana Spees	2012	32	4475
13	Julie Langston	1997	34	4460
14	Kimberly McCord	1992	31	4435
15	Gabriel Craig	2014	30	4400
16	Susan DeYoung	1993	33	4390
17	Julie Baker	2010	33	4375
18	Kip Freytag	1994	31	4350
19	Joanna Griffiths	2023	31	4315
20	Eve Sloan	1993	33	4300

WOMEN 35-39

	Name	Yr	Age	Yds
1	Andee Bell	2014	38	5055
2	Kerry Halsted	1999	35	5005
3	Cathy Carr West	1991	36	4800
4	Wendy Pratt	1999	38	4750
5	Sharon Blaha	1999	38	4680
6	Nancy Wright	1997	35	4650
7	Amy Rieger	1999	37	4625
8	Rachel White	2011	35	4625
9	Lynn DeGeorge	1996	35	4485
10	Melissa Beatty	1993	35	4465
11	Julie Langston	1999	36	4435
12	Ann Slavin	1990	35	4425
13	Melanie Gentles	2016	38	4340
14	Kathy Joye	1999	35	4335
15	Anietta Tice	1999	37	4335
16	Julie Baker	2012	35	4310
17	Kelly Crosby	2010	36	4290
18	Lynda Yancher	2000	36	4270
19	Stephanie Koop	2000	36	4270
20	Chelsea Schiano	2023	38	4225

WOMEN 40-44

	Name	Yr	Age	Yds
1	Cathy Carr West	1998	43	4675
2	Michelle Goldberg	2012	43	4560
3	Liz Appleagte	1999	42	4530
4	Helene Nehrebecki	2022	42	4500
5	Karen Gilligan	2010	41	4350
6	Kristin Duby	2022	43	4345
7	Nicole David	2011	42	4325
8	Anietta Tice	2005	43	4315
9	Ann Slavin	1999	44	4275
10	Marie Krug	2022	40	4235
11	Stacey Brezing	2023	44	4205
12	Pam Ronald	2005	43	4150
13	Susan Munn	1983	44	4100
14	Terri Wyels	2013	44	4100
15	Tovah Skiles	2022	44	4085
16	Emma Garforth	2013	44	4060
17	Dana Armstrong	2010	42	4050
18	Diane Strong	1995	41	4035
19	Kit Lenz	1992	43	4025
20	Jane Higgins	1996	41	3975

WOMEN 45-49

	Name	Yr	Age	Yds
1	Kim Elsbach	2012	48	4910
2	Kerry Halsted	2010	46	4755
3	Sharon Blaha	2009	48	4590
4	Cathy Carr West	2000	45	4535
5	Amy Rieger	2011	49	4425
6	Julie Roberts	2011	46	4405
7	Nancy Wright	2007	45	4400
8	Melanie Gentles	2022	45	4395
9	Lynda Yancher	2009	45	4340
10	Jane Cerussi	2012	48	4300
11	Susan Munn	1984	45	4245
12	Pam Ronald	2009	48	4230
13	Mary Kahn	2009	49	4220
14	Dana Armstrong	2014	46	4190
15	Jennifer Phalen	2014	49	4160
16	Trish Price	2011	48	4150
17	Erica Wright	2022	45	4135
18	Emma Garforth	2017	49	4275
19	Julie Langston	2012	49	4115
20	Nicole Martin	2019	47	4075

WOMEN 50-54

	Name	Yr	Age	Yds
1	Kim Elsbach	2013	50	4840
2	Amy Rieger	2013	51	4665
3	Sharon Blaha	2012	51	4530
4	Emma Garforth	2019	51	4425
5	Wendy Pratt	2013	52	4420
6	Nancy Wright	2012	50	4275
7	Jane Russell	2016	52	4275
8	Mary Kahn	2013	53	4250
9	Michelle Goldberg	2022	54	4240
10	Susan Munn	1990	51	4180
11	Kris Harvey	2011	52	4155
12	Lindabeth Schmucker	2009	52	4125
13	Pam Ronald	2014	53	4115
14	Trish Price	2013	50	4025
15	Caroline Loomis	2017	54	4025
16	Jennifer Phalen	2015	50	3945
17	Julie Langston	2013	50	3865
18	Linda Casillas	2015	52	3735
19	Rose Chowlewinski	2013	50	3715
20	Laurel King	2009	53	3680

WOMEN 55-59

	Name	Yr	Age	Yds
1	Kim Elsbach	2020	57	4765
2	Wendy Pratt	2018	58	4380
3	Michelle Goldberg	2023	55	4375
4	Linda Buchanan	2013	55	4340
5	Emma Garforth	2023	55	4320
6	Jane Russell	2020	57	4170
7	Sharon Blaha	2018	58	4125
8	Mary Kahn	2015	55	4065
9	Susan Munn	1997	58	4035
10	Pam Ronald	2020	59	3940
11	Cecily Sprouse	2015	58	3835
12	Julie Langston	2017	55	3790
13	Jennifer Phalen	2020	56	3755
14	Marnelle Gleason	2013	59	3725
15	Stephanie Koop	2022	59	3650
16	Helen Singmaster	2022	56	3640
17	Jane Higgins	2012	57	3630
18	Patty Gay	1987	57	3600
19	Karen Olson	2011	55	3555
20	Susan Meyer	2009	57	3525

WOMEN 60-64

	Name	Yr	Age	Yds
1	Amy Rieger	2022	60	4575
2	Jane Russell	2023	60	4155
3	Wendy Pratt	2023	63	4150
4	Susan Munn	2001	62	4035
5	Pam Ronald	2023	62	3875
6	Cecily Sprouse	2017	61	3730
7	Sharon Blaha	2020	60	3725
8	Marnelle Gleason	2014	60	3660
9	Linda Casillas	2023	61	3640
10	Julie Langston	2023	61	3600
11	Susan Collins	2011	61	3500
12	Karen Olsen	2016	60	3435
13	Patty Gay	1990	60	3425
14	Kris Hornoff	2011	63	3395
15	Deanna Johnson	2017	61	3375
16	Suzanne Horsley	2010	61	3370
17	Dara Jwaideh	2017	62	3360
18	Terri Davison	2009	64	3350
19	Carol Cornutt	1995	62	3300
20	Katy Lantz	2014	60	3285

WOMEN 65-69

	Name	Yr	Age	Yds
1	Susan Munn	2004	65	3865
2	Cecily Sprouse	2022	66	3450
3	Kris Hornoff	2014	66	3385
4	Marnelle Gleason	2022	69	3350
5	Terri Davison	2010	65	3345
6	Joan Campbell	2000	69	3345
7	Jane Higgins	2022	68	3340
8	Cathy Scarr	2022	65	3280
9	Karen Olson	2022	67	3240
10	Lee Ann Bailey	2022	68	3200
11	Deanna Johnson	2023	67	3170
12	Leslie Westergaard	2012	68	3160
13	Katy Lantz	2022	69	3110
14	Nancy Farley	2018	67	3090
15	Kim DeYoung	2022	70	3070
16	Betty Dugan	2009	67	3045
17	Kathy Gill	2019	65	3040
18	Barbara Paulson	2009	65	3015
19	Mary Horton	2009	65	3015
20	Noreen Mazellis	2013	65	2905

WOMEN 70-74

	Name	Yr	Age	Yds
1	Susan Munn	2011	72	3625
2	Nancy Durstein	2000	70	3170
3	Katy Lantz	2023	70	3115
4	On Braly	2022	71	3075
5	Kris Hornoff	2019	72	3025
6	Leslie Westergaard	2016	72	2985
7	Patty Newman	2022	71	2895
8	Betty Dugan	2012	70	2840
9	Nancy Farley	2022	71	2800
10	Pat Lax	1991	70	2790
11	Diane Lardelli	2018	74	2745
12	Mizuho Iwamoto	2019	71	2735
13	Jan Coker	2022	72	2735
14	Maggie Larson	2022	72	2725
15	Ellen Watkins	2013	73	2720
16	Peggy Ready	2018	72	2715
17	Lyra Halprin	2022	71	2710
18	Lynn Schroeder	2010	71	2700
19	Edie Schwartz	2011	71	2700
20	Barbara Paulson	2017	74	2660

WOMEN 75-79

	Name	Yr	Age	Yds
1	Susan Munn	2014	75	3340
2	Leslie Westergaard	2019	76	3035
3	Kris Hornoff	2022	75	2895
4	Peggy Reedy	2022	75	2875
5	Winnie Walter	2018	78	2600
6	Betty Dugan	2018	77	2545
7	Barbara Paulson	2018	75	2535
8	Pat Lax	1997	76	2460
9	Barbara Knox	2000	75	2350
10	Roswita Norris	2017	75	2345
11	Susan Mann	2018	75	2325
12	Corrinne Bressler	2002	77	2270
13	Pat Quinn	2022	76	2085
14	Lucille Barry	1989	79	2040
15	Christine Bruhn	2018	76	1970
16	Roberta Ranstrom	2011	77	1900
17	Karmel Tate	1990	77	1660
18	Doris Diemer	2001	75	1650
19	Nong Chancellor	2010	78	1500
20	Yoshie Kyhos	2010	76	1410

WOMEN 80-84

	Name	Yr	Age	Yds
1	Susan Munn	2018	80	3050
2	Leslie Westergaard	2023	80	2940
3	Lynn Schroeder	2019	81	2520
4	Pat Lax	2001	80	2365
5	Betty Dugan	2022	80	2115
6	Roswita Norris	2023	81	2100
7	Lucille Barry	1990	80	2020
8	Corrinne Bressler	2009	83	2005
9	Lillian Rowan	1990	84	875

WOMEN 85-89

1	Corrinne Bressler	2012	86	1770
2	Pat Lax	2010	89	1550

WOMEN 90-94

1	Pat Lax	2011	90	1645
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DAM ONE HOUR SWIM ALL-TIME TOP 20 SWIMMERS**MEN 18-24**

	Name	Yr	Age	Yds
1	Brad Winsor	1996	24	5620
2	Mike Collins	1990	23	5575
3	Andy Nonaka	2004	24	5500
4	Darren Dutto	1992	23	5425
5	Chris Stoner	2011	19	5245
6	Scott Erba	1992	22	5215
7	Chris Guido	2013	20	5150
8	Brian Timmerman	1993	22	5145
9	Matthew Graham	1995	22	5055
10	Taylor Spangler	1995	23	5050
11	Brendan Higgins	2010	24	5030
12	Krish Rajagopalan	2013	21	5010
13	Scott Shed	1993	22	4955
14	Ken Petruzzelli	1994	20	4940
15	Morton Graverson	2015	22	4940
16	Kevin Pearsall	1992	24	4895
17	Richard Simmons	1999	24	4835
18	Vince Visco	1999	21	4820
19	David Pyles	1994	24	4785
20	Adam Barrios	2000	21	4770

MEN 25-29

	Name	Yr	Age	Yds
1	Mike Collins	1992	25	5415
2	Mark Crosby	1990	26	5315
3	Mark Callaghan	2009	29	5290
4	Ben Fell	2011	29	5275
5	Steve Atkins	1991	27	5260
6	Ryan Waddington	2020	29	5240
7	Joe Shafer	1990	27	5095
8	Brian Johnson	2000	27	5075
9	Avery Krovetz	2022	26	5050
10	Brad Winsor	1999	27	5035
11	Ernie Hoftzyer	1999	28	5030
12	Jamey Wright	1986	28	5025
13	Brandon Carter	1999	28	5020
14	Brendan Higgins	2013	27	5010
15	Greg Matthews	1992	25	5005
16	Kevin Pearsall	1993	25	4950
17	Doug Wright	1997	26	4950
18	David Pyles	1999	29	4950
19	Kevin Mendenhall	2013	29	4865
20	Max Hansen	1997	29	4850

MEN 30-34

	Name	Yr	Age	Yds
1	Mark Callaghan	2013	30	5435
2	Mike Collins	1997	30	5310
3	Ben Rosen	2011	33	5275
4	Chris Oshiro	1992	34	5175
5	Mark Crosby	1995	31	5080
6	Max Hanson	1999	31	5080
7	Nick Kurth	1992	30	5080
8	Lance Halsted	1994	34	5040
9	Ernie Hoftzyer	2001	31	5010
10	Matt Roper	2016	34	4975
11	Brian Spiritsanto	2011	31	4895
12	Adam Barrios	2009	30	4885
13	David Miller	2013	30	4840
14	Doug Smith	1994	31	4790
15	Satori Iwamoto	2018	32	4775
16	Ken Petrie	2000	31	4770
17	David Pyles	2000	30	4740
18	John Constantine	1991	33	4725
19	George Crocker	2014	30	4725
20	Tatsuma Wada	2010	32	4700

MEN 35-39

	Name	Yr	Age	Yds
1	Dave Scott	1989	35	5430
2	Greg Johnson	1993	35	5200
3	Taylor Spangler	2011	39	5025
4	Matt Roper	2019	38	5020
5	Ernie Hoftzyer	2009	39	4920
6	Eric Wyles	2012	35	4920
7	Dennis Wilson	1986	36	4900
8	Matt Roper	2018	37	4895
9	Ken Petruzzelli	2013	39	4805
10	Brad Winsor	2011	39	4740
11	Rich Desideri	1999	35	4675
12	Tom McKenna	1991	39	4660
13	Chris Rock	1999	39	4650
14	John Maier	1997	39	4640
15	Rand Schaal	1990	38	4635
16	Tim Cutler	2013	35	4615
17	John Constantine	1994	36	4615
18	Cliff Dimond	1999	38	4600
19	Alexandre Tremereau-B	2014	38	4600
20	Jon Tice	1997	38	4565

MEN 40-44

	Name	Yr	Age	Yds
1	Andy McPherson	1992	43	5140
2	Ernie Hoftzyer	2014	44	5035
3	Lance Halsted	2001	41	5030
4	Scott Harris	1997	43	5010
5	Mike Cuckovich	1990	40	5005
6	Ken Petruzzelli	2014	40	4915
7	Dennis Wilson	1992	42	4840
8	Ted Krovetz	2011	44	4835
9	Tom Brown	2009	41	4735
10	Ted Deacon	1994	44	4720
11	Jon Tice	2001	43	4700
12	Tom McKenna	1992	40	4690
13	Alan Rowland	1999	42	4680
14	Kent Anderson	2013	40	4650
15	Greg Johnson	1999	41	4625
16	Rand Schaal	1993	41	4625
17	Brian Bolz	2019	42	4620
18	Chris Rock	2000	40	4595
19	Doug Wright	2013	42	4545
20	Jamey Wright	1999	41	4525

MEN 45-49

	Name	Yr	Age	Yds
1	Andy McPherson	1994	45	5175
2	Scott Harris	1999	45	5030
3	Lance Halsted	2009	49	4815
4	Ted Deacon	1999	49	4805
5	Stewart Murray	2009	46	4700
6	Ernie Hoftzyer	2018	49	4695
7	Dennis Wilson	1995	45	4670
8	Matt Kowta	2012	45	4620
9	Rob Westergaard	2015	46	4545
10	Michael Trudeau	1999	48	4500
11	Scott Wieking	2009	49	4470
12	Robert Norris	1986	47	4425
13	Gregg Recanzone	2012	49	4400
14	Chris Rock	2009	49	4375
15	Dave Rader	2011	49	4350
16	Art Krener	1990	47	4295
17	Darin Salk	2010	48	4295
18	Taro Echiburo	2013	47	4285
19	Dan Sperka	2013	47	4280
20	Jon Jensen	2011	45	4270

MEN 50-54

	Name	Yr	Age	Yds
1	Mark Evans	2013	54	5000
2	Andy McPherson	1999	51	4950
3	Lance Halsted	2010	50	4865
4	Brad Winsor	2022	51	4750
5	Dennis Wilson	2000	50	4635
6	Hugh Wilder	1999	51	4610
7	Dave Woodruff	2009	52	4575
8	Greg Johnson	2010	52	4575
9	Matt Kowta	2017	51	4575
10	Scott Wieking	2011	51	4550
11	Jack Mills	1999	51	4535
12	David Kelley	1999	51	4525
13	Doug Smith	2014	51	4500
14	Steve Morris	2004	52	4475
15	John Dickey	2009	53	4470
16	Chris Rock	2012	52	4415
17	Joe Grafton	2009	51	4410
18	Pat Long	2007	50	4375
19	Lee Fitzhugh	1991	52	4335
20	Lyle McCarty	2013	52	4330

MEN 55-59

	Name	Yr	Age	Yds
1	Mark Evans	2014	55	5025
2	Ted Krovetz	2022	56	4625
3	Bill Henderson	2015	58	4600
4	Tom Brown	2022	55	4560
5	Dennis Wilson	2005	55	4555
6	Dave Woodruff	2012	55	4550
7	Matt Kowta	2022	56	4525
8	Michael Brown	2022	58	4480
9	Sam McAdam	2022	57	4450
10	John Dickey	2012	56	4440
11	Lee Fitzhugh	1997	58	4395
12	George Vieth	2012	56	4395
13	Alan Rowland	2009	55	4370
14	Scott Harris	2009	55	4325
15	Scott Wieking	2015	55	4325
16	John Dickey	2015	55	4320
17	Dennis Wilson	2009	59	4310
18	Ted Deacon	2009	59	4275
19	Steve Garrett	2013	55	4225
20	Joe Grafton	2014	56	4200

MEN 60-64

	Name	Yr	Age	Yds
1	Mark Evans	2018	60	4675
2	Stewart Murray	2022	60	4635
3	Jack Mills	2010	63	4375
4	Lee Fitzhugh	1999	60	4365
5	Dennis Wilson	2010	60	4310
6	Andy McPherson	2009	61	4285
7	John Thayer	2014	61	4275
8	Paul Landes	2011	60	4250
9	Dave Woodruff	2017	61	4160
10	Ted Deacon	2012	62	4130
11	Mark Schwartz	2018	60	4125
12	Bob Blattner	2018	63	4095
13	Mark Woerner	2012	60	4040
14	Paul Kelley	2010	62	4005
15	Robert Norris	1999	60	3980
16	Brett Stone	2011	62	3975
17	David DeYoung	2017	63	3890
18	Art Krener	2003	60	3865
19	Curt Miller	2010	60	3800
20	Stu Kahn	2015	61	3800

MEN 65-69

	Name	Yr	Age	Yds
1	John Dickey	2022	67	4300
2	Andy McPherson	2015	67	4220
3	Jack Mills	2012	65	4195
4	Stuart Kahn	2022	69	4150
5	Dave Woodruff	2022	66	4140
6	Lee Fitzhugh	2004	65	4120
7	Mark Schwartz	2023	65	4050
8	Joe Grafton	2022	65	4000
9	Paul Kelly	2013	65	3865
10	Robert Norris	2004	65	3790
11	Mark Woerner	2018	67	3775
12	Pat Feeney	2013	65	3770
13	Chris Shultz	2022	66	3770
14	Steve Carlson	1987	67	3750
15	John Dickey	2014	65	3700
16	Brett Stone	2014	65	3700
17	Paul Griffin	2014	67	3560
18	Paul Brady	1997	65	3540
19	Al Wright	2022	65	3485
20	Kent Fugazi	2013	66	3495

MEN 70-74

	Name	Yr	Age	Yds
1	Stuart Kahn	2023	70	4070
2	Steve Carlson	1990	70	3860
3	John Thayer	2022	70	3740
4	Robert Norris	2009	70	3650
5	Bob Lantz	2023	72	3640
6	Mark Woerner	2022	71	3605
7	Pieter Stroeve	2017	72	3400
8	Bruce Braly	2022	73	3350
9	Dick Bourne	2017	74	3305
10	Greg Stoner	2022	70	3225
11	Tom Frankel	2013	71	3205
12	Bill Wheeler	2020	70	3175
13	David Davies	2011	70	3150
14	Steve Grimes	2022	70	3150
15	Dennis Robinson	2022	74	3075
16	Craig Thomsen	2023	72	2975
17	Dave Gilmer	2010	74	2960
18	Cap Thomson	2001	70	2885
19	Milton Maderios	2001	70	2875
20	Paul Teller	2014	70	2875

MEN 75-79

	Name	Yr	Age	Yds
1	Andy McPherson	2022	75	3965
2	Steve Carlson	1995	75	3630
3	Robert Norris	2015	76	3335
4	Brett Stone	2023	75	3315
5	Paul Griffin	2022	76	3300
6	Dick Bourne	2019	76	3200
7	Alex Ramirez-Miller	2000	75	2975
8	Jack Horton	2014	77	2865
9	Dave Gilmer	2013	75	2850
10	Tom Frankel	2017	76	2850
11	Tom Martens	2020	75	2500
12	Henry McHenry	2022	78	2475
13	Harry Colvin	1997	75	2435
14	Boris Reubner	1999	75	2420
15	Bob Crummey	2013	76	2230
16	Mark Braly	2013	77	2225
17	Richard Hirschberg	1999	75	2135
18	Joe O'Flaherty	2011	76	2070
19	David Bressler	1999	75	2055
20	David Rocke	2022	76	1965

MEN 80-84

1	Dick Bourne	2023	80	3055
2	Robert Norris	2018	80	3045
3	John Owens	2022	80	2990
4	Dave Gilmer	2017	80	2625
5	Tom Frankel	2022	81	2420
6	Cap Thomson	2011	80	2115
7	Joe O'Flaherty	2017	83	1800
8	Finley Marshall	2013	82	1760
9	Murray Gardner	2012	82	1615

MEN 85-89

1	Robert Norris	2023	85	2425
2	Jack Horton	2022	86	2200
3	Mark Braly	2020	85	1765
4	Joe O'Flaherty	2022	88	1525
5	David Bressler	2009	85	1465

MEN 90-94

1	Murray Gardner	2022	92	800
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